

## How to Receive Services and Information

For more information or to make a referral, please contact the project director at (516) 877-3145.

Office of Disability Support Services  
University Center, Room 310  
Adelphi University  
Garden City, New York 11530  
Tel: (516) 877-3145  
Fax: (516) 877-3139  
TTY: (516) 877-3138  
Email: [dss@adelphi.edu](mailto:dss@adelphi.edu)

For more information about Adelphi University and Disability Support Services, visit our Web site at [students.adelphi.edu/sa/dss](http://students.adelphi.edu/sa/dss).



The Bridges to Adelphi Project is a cooperative project of Jewish Child Care Association's Compass Project and Adelphi University, with support from UJA Federation of New York, UJA Federation of Long Island, and the J.E. & Z.B. Butler Foundation.

Jewish Child Care Association (JCCA) is a nonprofit, comprehensive agency that serves more than 12,000 children and their families every year. Since 1882, JCCA has been creating warm, embracing community support services. JCCA provides a continuum of care that includes residential facilities, foster homes, group homes, adoption, mental health services, day care, tutoring, and more. In these and all of their programs, the JCCA is motivated by *Tikkum Olam*, the Jewish mandate to "repair the world," and by their belief that every child deserves to grow up hopeful. The Bridges Project is part of JCCA's Compass Project, a family resource for young adults on the Autism/Asperger's Spectrum.

# Bridges to Adelphi Project



Students embarking on college life often feel lost and anxious. But for students with Asperger's Syndrome, Autism, Social Anxiety Disorders, and other nonverbal learning disabilities, the college experience can be especially confusing and isolating.



The Bridges to Adelphi Project is designed to enhance college life for students with nonverbal learning disabilities who may struggle with:

- Social isolation and loneliness
- Establishing and maintaining friendships
- Transitions or changes
- Feeling overwhelmed by the demands of university life
- Academic issues
- Roommate problems

### Available Services

The Bridges to Adelphi Project offers cost-free, confidential individual and group counseling dealing with:

- Crisis intervention
- Social programs
- Recreational programs
- Cultural programs
- Vocational programs

In addition, the Bridges to Adelphi Project provides help with:

- Organizational skills
- Time management
- Independent living skills
- Social skills training

### Other Services

The Bridges to Adelphi Project also offers workshops and professional consultation to students, faculty, and staff to promote a greater awareness and appreciation of issues of concern to students with nonverbal learning disabilities.