



Panther Pride on National Coming Out Day



Adelphi community supports LGBTQ+ students on National Coming Out Day.

BY VICTORIA GRINTHAL

Every year on Oct. 11, National Coming Out Day is celebrated across the nation to embrace the LGBTQ+ community and its allies. With the rainbow balloons adorning the entrance of the University Center, Adelphi was no exception.

As the idea of gender equality is becoming more relevant than ever in our society, the Panther population strives to welcome and create a safe space for anyone regardless of their gender and sexuality. Since the actual act of “coming out” or opening up publicly about one’s gender or sexuality is not embraced in all cultures and areas, this day was created to showcase the importance of being true to yourself and learning by the example of others who have experienced similar issues. In celebration, Adelphi University’s LGBTQ+ and ally population sponsored a wide array of events led by the Center for Student Involvement (CSI) and open to all campus

members.

These events for National Coming Out Day included a pronoun button pick-up at the Panthertainment booth, which shows the wearer’s preferred gender pronouns, like “he,” “she” or “they.” This is vital to society as it informs others of the wearer’s desired pronouns and allows them to be respected as who they really are rather than what they appear to be.

Later on, a Coming Out Panel was moderated by the CSI’s assistant director Jason Spradley and featured students Monroe Marshall, Lauren Boldeau and Tatesh Sookdeo, as well as Dr. Carol Sussal, an associate professor in social work, and Protestant Chaplain Rev. Michael Delaney. The participants, all part of Adelphi’s LGBTQ+ and Allies Committee, each shared their experiences with religion and sexuality, along with advice and empathy towards those who have yet to come out.

“This is an important event because not only is it allowing people to be educated on LGBTQ+ issues,” said Mar-

shall. “But it can serve as a safe space for people questioning their gender and sexuality or people who want to be involved in LGBTQ+ life on campus but cannot come out or join LGBTQ+ groups for safety reasons.”

The events also included a photo-op of LGBTQ+ Panthers and allies to showcase the diversity of the campus, as well as a Safe Zone Training event. The Safe Zone Training, which was done later in the day, set out to identify Adelphi students and staff as advocates and allies to the LGBTQ+ community and support them in their cause.

There are numerous places on campus to participate as a supporter and advocate for this community. Many groups like the Gender and Sexuality Association (GSA) and the Breaking Boundaries group are open to all, as well as the events and services provided by CSI, LGBTQ+ Committee and LGBTQ+ Task Force.

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Spirit Weekend Unites Undergrads and Alumni

BY GABRIELLE DEONATH

From Oct. 13-15, Adelphi University celebrated its first Spirit Weekend, encompassing over 20 different events with the collaboration of several departments within the university.

According to the Center for Student Involvement (CSI), the celebration was a combination of Family Weekend, which has traditionally catered to undergraduates, their families and employees and Alumni Weekend. Over 1,900 people attended Spirit Weekend, which took the Adelphi Spirit Weekend Committee almost

a year to plan and organize. However, it made for an event larger than any Family Weekend or Alumni Weekend from previous years.

“You could feel the campus come alive with spirit,” said Lauren Purcaro, associate director of CSI. “There were so many different events for so many groups of people. It was great to see alumni interacting with current students and families while all enjoying themselves.”

The Panther Carnival, just one of the various installments of the weekend, took over the parking lot behind Post Hall with carnival rides, games, a Ferris wheel, food trucks and booths for face painting,

caricatures and balloon art. Attendees could also zipline across the parking lot and pet and feed goats and chickens, all while enjoying live music. Campus organizations and Greek Life, including FOCUS, ASL, Delta Sigma Pi, Student Activities Board, CSO, Future Teachers Association, Physics Club, UN-Adelphi University, AU GAMES Club, Alpha Epsilon Phi, CALIBER, Circle K International, SGA, Delta Phi Epsilon and Swing Phi Swing, created and worked the game booths at the carnival.

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I Am an Adelphi Student and a DACA Recipient. Here’s What That Means.

Working with the DACA, International and Immigration Task Force on campus, our editors were able to find a DACA student willing to share his/her perspective on President Trump’s decision to end the program. To protect the identity of the vulnerable student, this editorial has been published without a byline.

The Deferred Action for Childhood Arrival (DACA) program established by former President Barack Obama provided me with a sense of comfort, security and hope. Trump’s administration announcement that it plans to scrap the DACA program by March, unless Congress intervenes, has now left me with a sense of anxiety and fear of not knowing what path my life will take. My parents brought me to the United States at the age of nine. We came to this country legally, but once our visa expired, we immediately became labeled “illegal immigrants.” In fourth grade I got left back due to the language barrier. It took me one full year to adopt the new language; this was my first obstacle as a new immigrant. Throughout my childhood, both of my parents worked very hard and had no choice other than working in unacceptable situations because of their undocumented status. They were underpaid for the long hours and sometimes disrespected because employers knew they were vulnerable. While my parents withstood hard times to provide for our family, I focused on my schoolwork and excelled in my classes with the goal of making my family and myself proud.

As a senior in high school, I began the college application process. The majority of the applications, including those for scholarships, required a Social Security number. As an “illegal immigrant,” I did not have a Social Security number, and that is when I realized the full extent of our struggle. On June 15, 2012, President Obama created the DACA program for certain undocumented young people who came to the United States as children. This announcement gave me a renewed sense of hope. Even though I was not able to attain any federal financial aid, I was given the oppor-

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A Word from the Editor

Happy Halloween's Eve! We are now a little bit past the midpoint of the semester, which seems to be whizzing by. While the work probably has begun piling up for many of you, we have a fun issue of The Delphian to help you de-stress this week.

We have a spread with everything you need to know to fulfill all of your Halloween needs from pumpkin beer to costumes and spooky ways to spend the holiday. You can put your Halloween event knowledge to the test with our crossword and win a prize if you answer all the clues correctly.

One of my goals this year has been to bring national events to the Adelphi community through a relevant lens. Earlier this semester, we covered Trump's decision to remove the DACA program and the university's response to the announcement. As a follow-up, one of our editorials is written by a DACA recipient pursuing a master's degree here at Adelphi. When this opportunity presented itself, I jumped at the chance to further humanize the DACA decision for our campus because I think some of us who are not affected by such decisions often forget when we should still care. It is editorials like these that can begin to make us care again, as it is affecting those on our own campus where we spend so much of our time.

In the last issue, I explained why Breast Cancer Awareness month is important to many others and me, and recently the Adelphi NY Statewide Breast Cancer Hotline and Support Program hosted their annual Celebration of Survivorship event, providing hope and encouragement to those in attendance.

Also giving hope to others are the baseball and softball teams who are hosting a homerun derby at 3 pm on Oct. 31. All proceeds will be donated to the Make-A-Wish Foundation to help to fulfill a child's wish.

Colin Beavan, author of the 2017 AU Community Reads book, "No Impact Man," gave a talk recently about the process of writing the book where he and his family attempt to live environmentally consciously, leaving "zero impact" on the Earth for a year. Through the lecture, he explained various ways in which students can reduce their negative impact on the environment and encouraged them to think about the change they would like to create in the world. He reminded students that the actions of one person are as important as the actions of a group.

Lastly, The Delphian co-sponsored our first event of the year on Oct. 26 with the Career Expo. For the first time, all of the editors-in-chief of The Delphian from 2011 to the present were together at the event. It was a great moment to reflect on all the work that we've done and the way our shared passion, this newspaper, has grown and, hopefully, will continue to evolve. We are, from left: Stephen Levine, Victoria Chiesa, our advisor since 2011, Liza Burby, Bryan Grilli, me, and Brett Spielberg.

-Gabrielle Deonath
Editor-in-Chief



The Delphian

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Professionals Paint a Positive Job Outlook at 4th Media Career Expo

About 75 students heard career-search advice from media professionals at the Fourth Annual Media Career Expo for communication students on Thursday, Oct. 26. The event was co-sponsored by the Department of Communications and The Delphian, and featured alums and others who spoke about how they got their first jobs and offered advice for current students.

Speakers included Adelphi graduates Victoria Chiesa, coordinator of Sports Information at Adelphi; Will Coss, vice president of Live Event Television at Nickelodeon; Cameron Leel, director of Multicultural Marketing at HBO; Stephen Levine, web producer for News 12 Networks; and Brett Spielberg, content strategist and editor at Zimmerman/Edelson.

Also speaking are Danielle Burby, a literary agent with Nelson Literary Agency, and Stephen Romano, director of communications for State Senator Elaine Phillips. The moderator was Liza Burby, senior adjunct professor in the Adelphi Communications Department, as well as faculty advisor for The Delphian.

They all described a positive job outlook for students who take internships in their fields of interest, even when that position seems initially to not turn out as expected. Said Coss, '17, "When I first interned at MTV, my job was to pack swag for important people, so I felt like I was in retail. But then I realized that everyone on the delivery list was a potential contact, and I made sure to deliver the packages in person and introduce myself."



From left: Danielle Burby, Brett Spielberg, Cameron Leel, Stephen Romano, Victoria Chiesa, Bill Coss and Stephen Levine

Each speaker also emphasized the importance of networking. "You're already networking in your classes, as your current classmates can turn out to be contacts in a few years that can help your

career or you may help them," said Spielberg, '13.

One last tip they all agreed on: Always remember to send thank you notes after an interview.

Meet the Maasai: An African Tribe Brings Their Culture to Garden City

BY TATSUYA HONDO

On Thursday, Oct. 5, tribal chief Joseph Ole Tipanko visited Adelphi for the second time in two years for an event created to expose and educate the community about the culture of his tribe.

Tipanko is chief of the Maasai, an ethnic group living in the area known as southern Kenya and northern Tanzania, but called Massailand by the tribe. During an event sponsored by the Center for African, Black and Caribbean Studies, General Studies, and the Collaboration Project, audience members were given a special introduction to the culture of the Maasai peoples through a series of performances and an address by Tipanko. Digital films were shown along with modern Maasai relics, and those present had the opportunity to try on traditional cultural attire.

"It was very interactive," said social work major Samuel Rubin, one of 70 in attendance at Angello Alumni House.

"As a collective culture, the Ma-



Chief Tipanko and tribe member with Professor Marsha Darling.
Photo provided by Deja Williams

sai tribe's use of the word 'we' meant to me that they rely on each other and are close to their families."

In addition to explaining their core

values, Tipanko also shared important cultural meanings and contexts. The Maasai attribute meanings to certain colors, many similar in Western society. Black stands for

the color of the skin, blue is representative of the sky, and green depicts grass and vegetation. Orange is used for the rising and setting of the sun, and red symbolizes blood, while yellow stands for warmth and beauty, and white is used to represent milk and peace.

However, there are some differences between the Maasai and Western cultures. For example, in Maasailand, eyeglasses are extraordinary, and spectacles are rarely worn amongst the Maasai people, according to John Parsitau, an accompanying Maasai member at the event.

"You're learning directly the kind of information you don't get from a book," said Professor Marsha J. Tyson Darling, program director for the Center for African, Black and Caribbean Studies.

For the Maasai, the preservation of tradition and cultural adaptation both hold great importance.

"Culture is people's way of life," Tipanko stated as he stood in front of the filled room, helping to bridge the gap between Garden City and Maasailand.

Annual Celebration of Survivorship Brings Hope to Topic of Breast Cancer

BY TATSUYA HONDO

On Oct. 26, Adelphi NY Statewide Breast Cancer Hotline and Support Program held its annual Celebration of Survivorship event in the University Center ballroom. The yearly conference is organized by Erin Nau, counseling and education coordinator for the program.

About 300 attendees and guests were present to hear distinguished speakers relay their experiences with breast cancer and program staff share words of empowerment. Panelists included Christina Demosthenous, Michelle Pincus, Margaret McGruder-Collins and Janet Rossi Zolli.

"Back in the day, you couldn't say 'breast cancer'," said Joan Beder, chair of the advisory board. "The program when we first started was local; it's now statewide."

Beder was a member of the first planning committee for the breast cancer program at Adelphi in 1980 under its original name, the Women-to-Women Hotline. The concept was focused on fighting the stigma that surrounded breast cancer in pre-21st-century America. Today, breast cancer awareness has been globalized and mainstreamed, and colleges, universities and other institutions, not unlike Adelphi University, have become advocates for breast cancer awareness and services.

"Breast cancer is a journey, not a death sentence," said long-term volunteer Bonnie Hirschhorn. "We get calls even from New Jersey. We help them get to their

next appointment. Adelphi's Breast Cancer Program has the flexibility and the leadership. We are survivors."

Adelphi's NY Statewide Breast Cancer Hotline & Support Program is the oldest breast cancer hotline in the United States providing a specialty call: should the caller themselves or a family member be diagnosed with breast cancer, a trained individual with the same medical diagnosis may be available to speak with them. Additionally, should the client have difficulties or trouble with the breast cancer treatment process, services such as bilingual advisement, support groups, child care, employment opportunities, financial fee assistance and transportation to and from medical treatments will be provided for them.

The hotline is funded by Pink Aid, the New York State Department of Health and, most importantly, volunteers from the local community. All volunteers with the Adelphi Breast Cancer Program must undergo a training held annually in September. This year's new graduating class is unique as there is a male breast cancer survivor among them, Jeff Flynn, who will be the first to be able to speak with male callers.

During the conference, volunteer and hotline coordinator Alida Rubenstein praised the volunteers. "They do something that nobody else can do, they give hope ...365 days a year," she said.

For anyone who needs the support of the hotline, call 800-877-8077.

Panther Pride on National Coming Out Day

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Also, people can sign up to join the National Coming Out Day Support List, a published list of voluntary LGBTQ+ supporters across the Adelphi community.

Adelphi University's Campus Pride Index, an official rating from the non-profit organization Campus Pride based on a school's LGBTQ+ involvement and acceptance, was raised from a three star (out of five) to a four star organization by CSI last fall, in part by the creation of the campus' LGBTQ+ Task Force. The task force aims to achieve a five-star Campus Pride Index with events like the Annual Pride

March and Festival, which was held for the third time last April.

"It was the most successful one yet as we had more than 100 attendees," said Marshall, who was a co-organizer. "We had a full schedule that included a march around campus [among other activities]."

Their dedication and involvement has furthered the university's goal of creating a safe space for all at Adelphi University, which prides itself on acceptance and inclusion of the LGBTQ+ community.

Spirit Weekend Unites Undergrads and Alumni

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For President Christine Riordan, a major highlight was Saturday evening's Adelphi Legends Dinner with Emmy Award-winning actress Laura Linney, Kennedy Center honoree Carmen de Lavalade '03 (Hon.) and beloved faculty members Nicholas Petron, M.A. '70, and Dean Richard Garner, PhD. "Every person I encountered at the Legends Dinner had a great time," she said.

Other occasions that took place over the weekend were Nursing PhD 35th Anniversary Celebration, Back to the Ratt, Casino Night, Young Alumni Reunion, Arboretum Tour, Momentum & Reunion Lunch, Spirit Display Showcase, Paint and Pour, Jets vs. Patriots Game, Family Farm Fun, Come from Away on

Broadway, Aladdin on Broadway.

After the collaborative and successful spirit-filled weekend, President Riordan hopes to continue to build on that foundation.

"Adelphi will continue to build strong personal connections and pride among faculty, staff and students through the work of all the partners on campus, including Alumni Relations, Special Events, Center for Student Involvement, Athletics and Admissions," she said. "We are working across campus to help our students feel engaged and part of this great community."

Plans for the next Spirit Weekend have already begun; it's slated to arrive again on Oct. 12-14, 2018.

An Adelphi Alum's Tips for Success

BY GABRIELLE DEONATH

Rosie Fodera is currently the director of finance, administration and operations for the marketing and communications division at the Mount Sinai Health System in Midtown West, Manhattan. She is responsible for budget and contract management, human resources and operations. Fodera has



been with the Mount Sinai Health System for seven years, holding positions in both business and clinically driven areas.

Prior to joining Mount Sinai, Fodera held the positions of market data senior analyst and global vendor manager at Goldman Sachs. These roles encompassed the management and budget responsibilities of market data agreements for various divisions.

Fodera holds a bachelor's degree in international business from Hofstra University, which she obtained in 2001, and earned a master's degree in business administration from Adelphi University in 2011. At Adelphi, she was part of the accelerated MBA program, which primarily took place on the weekend.

In addition to working at Mount Sinai, Fodera is an avid photographer with an established

photography business for over 10 years. She lives on Long Island and remains an active part of Adelphi's alumni community. This year, Fodera worked to help the university receive internship credentials at Mount Sinai, meaning that interns are given their rightful recognition instead of being categorized as a volunteer.

Rosie's Tips for Success as an Intern:

1. "One mistake that I see some interns make is that if a project is done, people don't ask for anything else. They don't go above and beyond. Always go that extra mile. If you get a project done early and you have nothing going on for the rest of the day or the remainder of the week, you have to go up to your boss and ask, 'What else can I help with?' If you aren't eager or you don't look like you have a passion and drive for learn-

ing, you will be swept aside."

2. "Be prepared for meetings, take notes, ask questions and don't be afraid to say that you don't understand something. Silence is acceptance. If you stay silent, your manager or boss will think that you understand and know what your responsibilities are. Even adults don't speak up enough when they don't understand something in the work place."

3. "In a skill set, organizational skills are important. It is all about organizational skills."

4. "Be humble and give back in your personal life and your professional life. You can't forget where you came from, the school you went to. So many people helped me when I was young and still to this day, so when you have the opportunity to give back, you give back."

Campus Crossword

BY VICTORIA GRINTHAL

This Halloween installment of *The Delphian* crossword puzzle covers all the fun events happening on campus. You can find the answers within this issue, on the Adelphi website, Adelphi eCampus and www.aupanthers.com. After completion, please send answers to our sports editor Nicoletta, at nicolettacuccio@mail.adelphi.edu. The first to send completed puzzle will win a prize.

Across

4. The Center for Student Involvement carved out some time on Oct. 26 to celebrate the Rise of the Jack-O-_____ at Westbury Gardens, which included more than 4,000 pumpkin pieces!

7. On Oct. 26, the SAB celebrated Halloween with a spooky and sweet party based on the ideas of Willy Wonka from Roald Dahl's famous book "Charlie and the _____ Factory". Happy Wonkween to all!

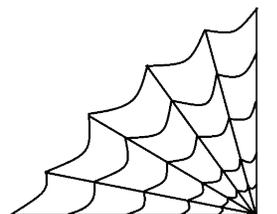
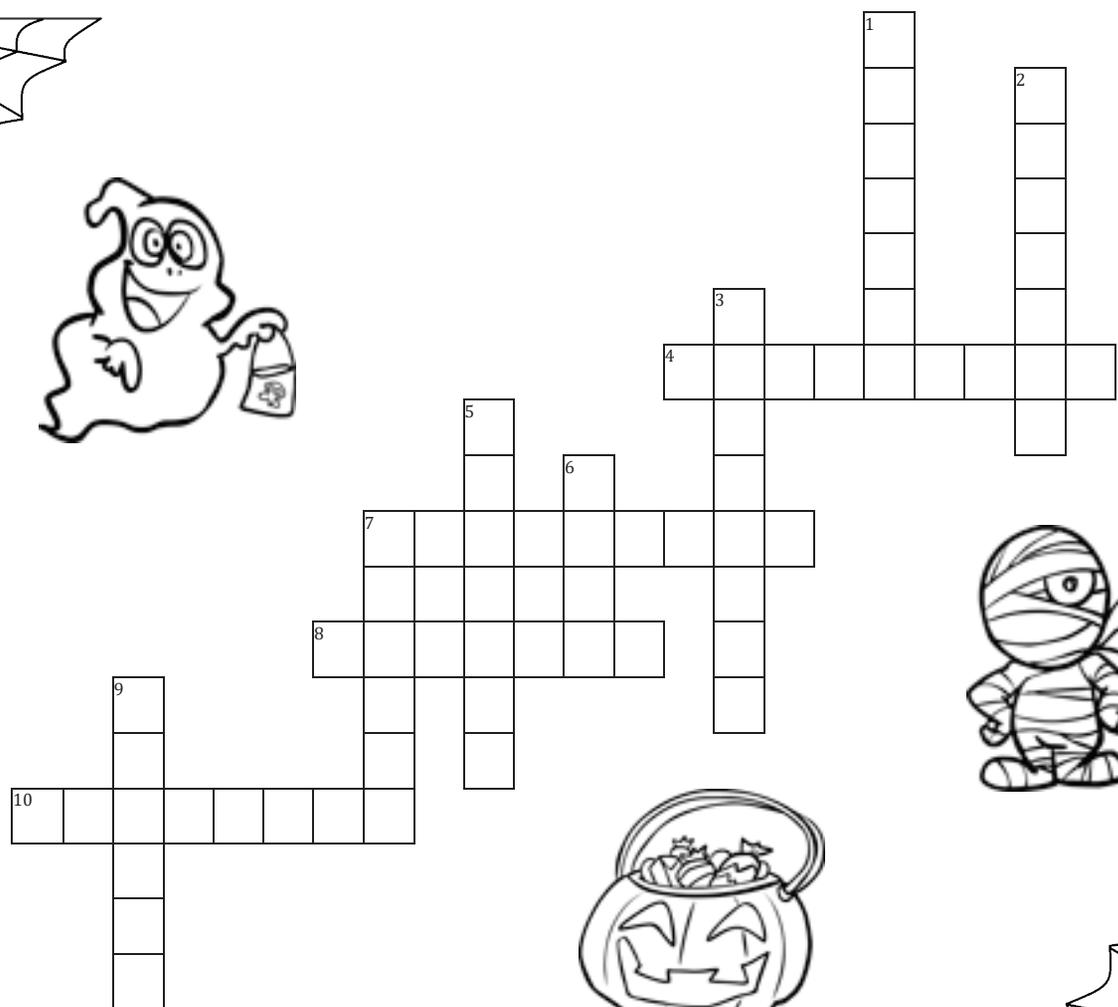
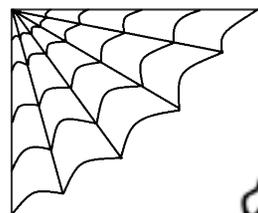
8. Spooky celebrations are all the rage this Halloween, with _____ sponsored by the SWAG, GAMES and GSA groups on campus.

10. Adelphi's Chemistry Club carved and created awesome experiments with _____ on Oct. 25, which was an obviously spooky success!

Down

1. The female volleyball team is playing against the New York Institute of Technology on Halloween, and they are having a _____ party at the game!

2. The National Student Speech-



Language-Hearing Association celebrated fall with some local pumpkin _____ on Oct. 18.

3. On Oct. 18, the Center for Student Involvement got into the spirit of Halloween with some miniature pumpkin _____!

5. Our friends at CALIBER

volunteered as helpers at the LICM's _____ Gala on Oct. 28.

6. There's a _____-Run Derby on Halloween sponsored by the baseball and softball teams, and it's sure to be a big hit!

7. Adelphi's Breaking Boundaries group created some cool and creepy

Halloween _____ with the Beyond Walls team on Oct. 20!

9. Uh oh, run for your lives! The campus-wide "_____" Run, also called the rUNDEAD event, on Oct. 27 was a to-die-for fundraiser for the Special Olympics

CSI's Leadership Retreat Brings Together Student Leaders Amidst Big Changes in Requirements

BY JAMI GLATTER

Watching the sunrise over the Peconic River, roasting marshmallows over a bonfire and camping under the stars. Sounds like the perfect weekend, right?

Well, that's how 34 student organization leaders, seven Student Government Association (SGA) cabinet members and 31 Greek life leaders spent the weekend of Sept. 22-24 during the annual leadership retreat hosted by Center for Student Involvement (CSI) at Quinipet Camp and Retreat Center on Shelter Island.

"Many of our leaders are new to their positions, and we want them to have the confidence and tools they need to motivate and direct their organizations," said Lauren Purcaro, associate director of CSI. "We also teach group dynamics, how to host effective meetings, how to mediate issues and communication problems within an organization. Getting away from the distractions of campus lets attendees let their walls down and focus on their leadership style."

Leaders participated in activities ranging from icebreakers to "Panther



Cage," a spinoff on ABC's hit show "Shark Tank," where groups were challenged to come up with an event that would benefit all the clubs.

"The activities brought us together as a community because I got to meet so many new people, and it was super fun to share a living space with all of my new friends," says Perry Piatos, president of the Gender and Sexuality Alliance.

Sara Lowery, from organization platform Campus Speak, guided the leaders through a series of exercises throughout the weekend. In the morning, she pushed the leaders to analyze how they see themselves and how others perceive them. According to participants, the exercise revealed a lot about personality types

and qualities and how they can be utilized to further impact ability as a leader in an organization.

In the afternoon, Lowery took the leaders through problem-solving and situation analysis to demonstrate how to better pinpoint and fix problems within a club.

"[Lowery] was very energetic and really tried to make a difference in how we lead our clubs," said Zohaib Ahmed, treasurer of the Muslim Student Association (MSA).

James Robilotta, also from Campus Speak, facilitated a day of leadership guidance with the Greek life leaders.

Additionally, new Student Organization Accreditation Program (SOAP) requirements – guidelines clubs must

adhere to and follow in order to be a recognized organization on campus – were introduced during the retreat.

"We listen to student organizations when we survey and discuss requirements with them each year in an effort to make requirements attainable," Purcaro said. "We strive to have our groups succeed through achieving co-curricular skills that are all translatable to a work place environment."

A new club rating system was also unveiled. Instead of the previous ranking by stars, clubs are ranked by three ascending categories: recognized, outstanding and excellent. The requirements for each tier are much more relaxed than the previous requirements, and a majority of club leaders seemed happy with the changes.

All of these requirements will now be tracked solely through MyAU-Life, in an attempt to make it a more convenient and accessible process.

Leaders walked away from the event with a greater understanding of how to lead and an awareness of the leader within themselves, having gained friendships and a new network of colleagues on campus.

PAC Tenth Anniversary Celebrations Continue with "Best of Broadway"

BY RACHEL SIERADZKI

The "Best of Broadway" production from Adelphi's Department of Music held on Oct. 14-15 was presented as part of Spirit Weekend and is a continuation of the tenth anniversary celebration of the Performing Arts Center (PAC). The audience consisted of faculty and students, as well as students' families who were visiting for the weekend. They were all driven to the Westermann Stage by their love for Broadway or to support a friend or family member performing.

"I came to support my [sorority] sisters," said sophomore marketing major Ally Chamberlain. "One of my sisters Ghazal did a really moving performance. And my other sister Christina did a funny performance before that."

The production, directed by Erin Quill, showcased 15 different musical numbers pulled from various Broadway shows, old and new, including "Sue Me" from "Guys and Dolls," "You Will be Found," from "Dear Evan Hansen," "Summer Lovin'" from "Grease," "No me Diga" from "In the Heights" and "Memory" from "Cats."

"I liked the scene from 'The Addam's Family,' and then 'Suddenly,' that was probably my favorite part," said freshman Erin Barrett.

"Best of Broadway" also featured some of Adelphi's most talented

student musicians. They included Christian Roder on bass guitar, Daniel Avelino on drums, Gregory Guter on guitar, Edward DeNicola on trumpet and Sarah Liberti on woodwinds. Interestingly, the musicians sat with their instruments on the outer edges of the stage, fully visible to the audience.



"Making the show happen was a lot of hard work and dedication, but in the end it was fun," said performer Nadia Ghnaim, a junior studying social work and vocal performance. "It's what we are really passionate about, so it shows through our rehearsals."

With 15 musical numbers and fast scene changes, students made incredibly smooth transitions. When the lights were down for just a few seconds after a song ended, performers spent that short time moving chairs, tables, microphone stands and wooden blocks on or off the stage. Working together, they were able to take down the previous scene and set up the next one in a matter of seconds. Performers also rapidly changed costumes backstage, easily slipping out of one character and into the next.

An interesting choice was made for the costumes in "Schuyler Sisters" (from "Hamilton: An American Musical"). The actors wore casual, modern clothing, instead of the historical costumes in the original musical. This costume choice worked very well for the piece, which incorporated hip-hop dance.

According to both performers and audience members, "Best of Broadway" was an overall success.

"The cast was kind of like my family since it was my first show here," said performer Mark Edelstein. "It was just a great time and I am so happy I decided to audition."

Added Barrett, "I just really love Broadway, and I was really excited to come and see the show. I was sitting there just having a good time."

Haunted Halloween Homerun Derby

BY NICOLETTA CUCCIO

The baseball and softball teams are coming together to host a homerun derby on Halloween afternoon to raise money for Make-A-Wish.

"It is important for a lot of people to participate in the Haunted Halloween Homerun Derby because not only are we trying to raise money for the Make A Wish Foundation, we are also trying to bring the Adelphi community together," said Lauren Sandelier, a junior softball player and treasurer on the Student-Athlete Advisory Committee (SAAC).

The event will begin at 3:30 pm on Oct. 31. Participants will pay \$5 to hit 10 baseballs with a chance to win a Greene Turtle gift card. Those who come in costume will be given a discount price of \$3 to hit 10 baseballs.

The event will take place on the baseball field, Bonomo Field, which is located in the middle of the residence halls near Blodgett and Swirbul Library.

After the derby, there will be an Adelphi women's volleyball game. Costumes at the game are also welcome.

What's Brewing This Fall on Long Island

BY PHILLIP BUCHAN

As the leaves begin to change, so do the beers on tap and on store shelves across Long Island. The switch from a summer shady to the popular pumpkin ale was made at local microbreweries on September 1 and due to high demand.



Pumpkin ale is a top seller for the fall season, said Stevie Czelatka, a brewer at Crooked Ladder Brewing Company in Riverhead. "With the growing popularity of microbrewers and the high demand for fall-inspired beverages, the emergence of pumpkin ale only made sense," he said.

Microbreweries in the area have rolled out their own pumpkin spiced beers. Oyster Bay Brewery brews pumpkin ale, a medium-to-light body beer with an orange hue, which has hint of spice after each sip. "The beer gets its taste from pumpkin spice and organic pumpkin," said brewer Ivan Dedek.

The ale contains an alcohol by volume (ABV) of 5.0 percent and an International Bitterness Units (IBU) of 22, which makes for the perfect beer on a fall afternoon.

Another microbrewery fol-

lowing the trend of pumpkin beer is Greenport Harbor Brewery. Their version, leaf pile ale, contains an array of spices ranging from pumpkin to cinnamon to nutmeg, which gives the beer a copper hue and a distinctive pumpkin flavor. Brewer Ryan Bolk describes the beer as "pumpkin pie in a glass."

Leaf pile ale has an ABV of 5.2 percent with a sweet-smelling scent that captures the full essence of fall.

Crooked Ladder Brewing Company offers Outta my Vine pumpkin ale, which contains a mild dark orange body with little bitterness. Czelatka called it "a perfectly pumpkin spiced beer for the fall season."

Outta my Vine has an ABV of 5.7 percent and an IBU of 6 making this beer very smooth. Being on the less bitter side of the scale allows for the beer to have a more dominate pumpkin taste.

Each pumpkin beer found across store shelves has its own unique ingredients and flavors. Personal taste is a key deciding factor in what a person values as their favorite pumpkin beer.

Jayson Kaulesar, a patron of Oyster Bay brewery, said he liked the taste of the pumpkin ale and how the rim of the glass was garnished with sugar. "Compared to other pumpkin beers, Oyster Bay's beer has a crisp fresh taste with big accents of pumpkin," he said.

As Long Islanders like Kaulesar continue to try other pumpkin beer around the island, one common factor is shared: the emergence of microbreweries has allowed for people to get fresh and unique beer locally.

The Real Witches of New York

BY POPPY SOLOMON

With Halloween fast approaching, Long Islanders are getting their costumes, pumpkins and decorations ready. However, local witches have a different idea of the holiday. To the pagan community, October 31 is Samhain – the new year.

Long Island wizard Qumran Taj, also known as the Wizard Q, considers himself an authority figure in the "magickal" community.

"Essentially, what being a pagan means to me is that the entire world, everything in our environment, is composed of energy, or what I like to call spirit," he said. "As is the case with all pagans, there is a strong connection with nature and the cycles of the year. This time of year days are shorter; nights are longer. It's also the harvest time. Harvest is extremely important; it's a matter of life and death."

In modern times, Wizard Q said society has made Halloween about horror and slasher movies. "Samhain was never about those things," he explained. However, most pagans he knows, including himself, love to celebrate Halloween just like everyone else. "Halloween is literally my favorite day in the whole year. The Halloween that everybody celebrates, in my opinion, is more fun."

Wizard Q said paganism is not only popular on Long Island, but all over the world, calling it "probably one of the fastest growing philosophies."

In 2014, a Pew Research Center study found that just 0.3 percent of the U.S. population identified as pagan. However, it is difficult to truly determine exactly how many witches there are in New York, as it is such an inconspicuous community.

Gabrielle Canzano, an 18-year-old College of Saint Rose student in upstate New York, began practicing witchcraft after researching it for a novel.

"I really just connected with it," she said. "I'm more caring for nature. I'm more caring for the world, and what I put out. It's helped me to notice my true self."

Canzano said it's better that most people aren't aware of Halloween's background, because they might take advantage of it. "It's the day that the veil between Earth and the ones who have crossed over is the thinnest. If some people knew that, they would try to mess with it," she said.

According to Canzano, witchcraft is becoming more popular in New York. "There are organizations all over for it. There are stores everywhere you go. But, it's kind of low-key."

The New York City Wiccan Family Temple is a witch institution said to be Manhattan's real-life Hogwarts, which focuses on practical, modern-based witchcraft. A tour of their website, www.wiccanfamilytemple.org, includes upcoming events and information about their community.

Founder Rev. Starr Raven-Hawk said it doesn't really bother her how people celebrate Halloween.

"A lot of people see it [paganism] as a fad. But, on the other hand, of course, it's not a fad. It's our religion," she said. "People see it as a holiday, and they've been doing that for a long time. It's okay, because they're celebrating it in one form or another."

Qumran Taj advises anyone wanting to learn more about paganism to find resources by using Google, reading books and talking to real witches.

"Paganism is actually a raging, popular subject these days," he said.

From Clowns to Superheroes: This Season's Top Costumes

BY STEPHANIE SAAVEDRA

If you're in the market for a Halloween costume, you're not alone. According to the 2017 National Retail Federation (NRF) annual survey, consumers planned to spend \$3.4 billion on costumes this holiday. Thirty-five percent of consumers will find their inspiration for the perfect costume online, while 30 percent will look in stores; 20 percent will ask friends and family; 18 percent will look to Facebook or Pinterest; 17 percent will be influenced by pop culture; and 14 percent by print media.

Among these shoppers is Kaitlin McDermott, a junior at Macaulay Honors College in Queens, who as of this writing was still wondering what she was going to be for Halloween. "I have a party coming up so I'm kind of looking now before all the good things are sold out," she said.

If you're one of these people with a party invite in one hand and a lack of costume in the other, this list will help you

narrow down your choices to pick the best costume before they're all gone.

Wonder Woman: There's nothing more powerful than looking like an Amazonian warrior ready for battle and cladding yourself in her iconic red-and-blue armor will do just that.

According to Kristine Martelli, manager of Party City in Levittown, about 70 percent of young adults are buying this costume. "It's always selling out; then it's back in stock, and then it's gone again."

"Wonder Woman's" success in the box office can be attributed to what the NRF said makes it among the top 10 costumes for adults this year.

Clowns: It'll come as no surprise that clown costumes are popular this season, especially with Halloween coasting off the buzz of Stephen King's well-loved, incredibly unsettling novel, and movie, "It." Spook your friends and family and go out looking perhaps too close for comfort like Pennywise the Dancing Clown.

"Stranger Things:" Dressing up as Eleven and toting a waffle purse,

a blonde wig and a baby pink dress will make you a real hit at your party, especially with fellow Netflix Original binge watches. But be forewarned that, according to Joe Romano, manager of Spirit Halloween



in West Hempstead, the popularity of the show has these costumes selling quickly.

"Hocus Pocus:" These three dazzling witch sisters are especially popular if you make your way down to your local Spirit Halloween. "These costumes are popular every year and sell out every time," said Romano.

This film is a Halloween classic,

and Winifred, Sarah and Mary are absolute Halloween icons, so grab these costumes while you can.

DIY: If you still can't find the perfect costume, Martelli said that DIY (do-it-yourself) costumes are some of the most popular choices, especially for college students on a budget.

"Things like unicorn accessories are really popular," she said. "Also, we sell emoji stuff so people will buy stickers and a yellow head piece that is literally a giant, yellow smiley face."

Going the DIY route is not only simplistic, but budget-friendly, while still getting you a costume you can be proud to wear.

If all else fails, you can stick with the tried-and-true costume selections. The NRF said that this Halloween, more than 5.8 million adults plan to dress like a witch; 3.2 million as their favorite Batman character; 3 million as an animal (cat, dog, cow, etc.); and 2.8 million as a pirate.

A Frightening Selection of Nearby Haunted Experiences

BY KAYLA DIEPPA

Long Island has haunted experiences for all ages. No matter what your fright tolerance is, there are many to choose from. These can range from being family-friendly and not scary at all to a gut-wrenching, terrifying experience. Check out these haunted spaces to find the one that is most suitable for you.

Less Frightening Haunts

Spooky Fest is a haunted house located in Rockville Center. According to employee Jennifer Henriquez, "It is a kid-friendly event. There is a children's maze and a not-so-spooky walk through the woods. Children can make arts and crafts and there is an animal exhibit, as well as face painting, fortune tellers and a DJ."

It's located at the Center for Science Teaching and Learning at 1450 Tanglewood Road. The cost is \$10 for non-spooky attractions only; \$15 for all-inclusive attractions (includes scary and non-scary). The attraction is open from 6:30 to 9:30 pm. For more information, visit www.cstl.org/spooky-fest or call 516-764-0045.

While Rise of the Jack O'Lanterns at Old Westbury Gardens is not a haunted house, it does require a long walk through the dark to encounter both scary and entertaining carved pumpkins, created by a variety of pumpkin-carving artists. There are 5,000 lit carvings that range from favorite movie and TV characters to intricately carved replicas of famous paintings. It takes about an hour to walk the grounds.

Rise of the Jack O'Lanterns, now in its sixth year, is located at 71 Old Westbury Road in Westbury. It's

open from 6 until 10:30 pm through Halloween. The fee is \$26 for adults and \$22 for children (3-12) or senior (65+). Children under 2 are free. Learn more at www.therise.org or 516-252-3392.

Thrilling Haunted Houses

Chamber of Horrors, located in Hauppauge, is an indoor three-attraction experience, according to owner Marty Arominski. "The three haunted houses are Maniac, Blackout Maze and the Slaughterhouse," he said. "There is also a 3-minute escape room and a virtual reality haunted house. On Sundays there is a theme called Kill the Lights. A group goes in with one glow stick. Creatures and things pop out and scare you. It is the largest indoor haunted house on Long Island."

You'll find this experience at 1745 Express Drive South in Hauppauge from 7:30 pm to midnight until Halloween, when the event closes at 11:30 pm. Tickets are \$30. Find out more at chamberofhorrorsny.com or 516-710-1845.

Darkside is a haunted house located in Wading River. Employee Mike Meola said there are scenes, mazes and displays you can walk through, though be forewarned costumed people will try to scare you. "There is a walk-through maze called 'Nightmares' and people have night terrors from this maze," Meola said.

Darkside is not recommended for anyone under age 10. It's located at 5184 NY-25A in Calverton, and is open through Halloween night. Tickets are \$30. For more details, visit www.darkside-productions.com or call 631-369-7227.

No matter what your fear factor tolerance is, these haunted attractions should put the boo into your Halloween experience.

For Screams and Chills Try Bayville

BY TARA CASSIDY

For older kids and adults, it can be difficult to find a Halloween activity that doesn't involve going door-to-door to beg strangers for candy. Every October since 1959, Long Island's Bayville Adventure Park becomes Bayville Scream Park, a Halloween-themed park, from the last week of September until the first week of November.

With its close proximity to Adelphi, Bayville Scream Park, located at 8 Bayville Ave., in Bayville is an ideal place for college students to experience Halloween thrills without having to pay a fortune.

There are no refunds, but with the affordable prices, it really isn't necessary. Regular pass prices range from \$11.75 to \$49.75 and a VIP speed pass ranges from \$27.75 to \$65.75, depending on how many attractions the visitor decides to participate in.

"Bayville Scream Park is unlike any other haunted house place," said employee Donald Finley. "It is the best because it has the most haunted houses and it is an entire park with many other attractions and restaurants and bars. You can spend

the whole night and have so much to do."

Not only are there six haunted houses that are designed to scare those who dare to enter, but in addition to the restaurants and bars, there is the Spooky Jungle Tree Top Adventure and Zombie Miniature Golf.

This year, Bayville Scream Park has introduced two new attractions, The Scream Machine and The Cage, the sixth haunted house. Of these haunted houses, the most popular and the scariest is Bloodworth Haunted Mansion, according to Finley. It is the "most elaborate and longest" of the haunted houses. However, each of the haunted houses offers a new thrill to the Bayville Scream Park guests.

"As a student on a budget, the prices were great, and it's perfect because I want to have fun without spending too much money," said Diana Pignatelli, a student at SUNY College of Old Westbury. "I loved how all of the actors looked like real zombies and the adrenaline rush going through each haunted house made my experience even more fun."

The park is open every night until 11 pm, and on Halloween, from 6 pm to midnight. To learn more or order tickets, visit bayvilleadventurepark.com.



Nearby Haunts for Ghost-Hunting Fans

BY BRADMAN WILSON

It's Halloween season: Are you thinking of dressing up as a ghost? How about going out to find a ghost?

Adelphi student Amine Boukerrou said he loves ghost hunting; it's an interest he has had since he was young. "Every year I go hard," he said. "I find the paranormal fascinating. I've spent recent years watching paranormal documentaries and movies."

In the spirit of Halloween 2017, he plans to take trips to some of Long Island's mythic paranormal spots.

"Kings Park asylum is the top of my list," he said. "I've heard so many ghost stories from there. The cemetery there is said to be haunted, too."

But you don't have to take his word for it. Long Island has other ghost hunters who said they have located many of them. Paranormal investigator and lo-

cal historian Kerriann Flanagan Brosky is using this season to promote her new book "Historic Crimes on Long Island," a look into the region's famous crimes throughout its history. However, as a fan of the paranormal, she's identified places on Long Island that are ripe with ghostly activity.

For instance, the Country House in Stony Brook, built in 1970, is said to be haunted by a supposed British loyalist, Annette Williamson, who lived in house the late 18th century.

"We've gotten a lot of EVPs there, which are electronic voice phenomenon," she said. "EVPs are the voices or sounds made by a ghost or spirit."

If you want to hear ghost chatter for yourself, basic EVP recorders are available for as little as \$30 on Amazon.

Brosky also described light anomalies present during the late hours at the Country House. "People have been able to capture the spirit on film, these balls of light that are translucent," she said.

Katie's Bar in Smithtown, formerly a service shop for passengers on the emerging railroads before evolving into the bar it is today, is known for being haunted by figures wearing 19th century clothing and apparitions of a bartender who had committed suicide. Brosky said she and her paranormal investigator colleague Joe Giaquinto experienced these sightings firsthand.

"When Joe and I went in there to talk to the owner, it was him and a female bartender... They were saying how glasses just fly off the shelves, people [and] apparitions have been seen," Brosky said.

The Villa Paul restaurant in the Hampton Bays, previously a mansion for a judge in the 1800s, is another place Brosky highlights, saying she's seen haunted ghost hounds and spectres wearing period clothing walking through walls.

Another one of Long Island's paranormal investigators, Angela Artuso, explained some ways amateur ghost hunters can get the

most out of this Halloween season.

"A clear and level head, as well as open mind at all times, would be one of the most important things for a paranormal investigator to have," she said. "You have to be patient and explore all options rather than quickly assume. You need to be able to do research and explore the background histories of the locations you visit."

"The field has gotten so popular that more and more historical locations are adding haunted ghost tours to their venues," Artuso said. "These tours are great because not only are they offering you a chance to investigate at their location and get a true feel of what an investigation entails, you also get to learn the entire history of that location as well."

All of these places can be visited via train or car, and as some are also restaurants, you can stay for a meal or grab a snack while you are ghost hunting – if you dare.

Get Lost in a Corn Maze of Seasonal Fun

BY HEDDA DAVIDSEN



Most Long Islanders see the fall as the season of pumpkin and apple picking and haunted houses. As this colder, more colorful season settles in, corn mazes also garner more attention from locals looking to spend time outdoors.

The giant puzzles cut into cornfields can be challenging, with loops and dead ends to make you feel like you're in a scene from "The Maze Runner." There are a number of them located all over the Island, but in the search to find more information about them online you can risk get-

ting lost. So, whether you are looking for a haunted night of fun, a kid-friendly afternoon or a challenging brain teaser, here are three different local options, and what you can expect from them.

The BB & GG Farm and Nursery

With \$5 you can enter what is considered one of the bigger mazes on Long Island, covering as much as 15 acres. Even though it's big, according to farm worker Bill Jenkins, the maze is fairly simple to finish.

"The time you finish will depend on whether you're walking fast or not, but it shouldn't take more than an hour," Jenkins said, underlining that even though it's big it's still easy.

The details: BB & GG Farm and Nursery is located at 625 NY-25A in St. James, NY. It's open 9 am to 6 pm on weekends and noon to 5 pm on weekdays. Call 631-862-9075 for more information.

Fairview Farm

This farm invites you to get lost

(or not) in their 8-acre, Luther Burbank, "The Plant Wizard," shaped maze. The theme of the maze includes 15 different categories with clues that, if answered correctly, will help you, well, escape.

"The categories vary from questions about Burbank, to corn, to New York history," said owner Harry Ludlow. "It's good for families because all the questions are age-appropriate."

The details: Fairview Farm is located at 69 Horsemill Lane in Bridgehampton, NY. It's open weekends through Nov. 12 (Thursday – Sunday, 10 am to 6 pm). The fees are \$12 for general admission, \$10 for ages 11 and under, and free for 3 and under. Call 631-537-6154 for more information,

F&W Schmitt's Family Farm

If you really want to try something scary this Halloween, Schmitt's haunted corn trail could be for you. After 7 pm, the maze, which includes cornstalks painted in red and dirt covered in blood, will send chills down your spine.

Though there's a daytime kid-friendly walk through the haunted house and trail for kids under 8, the evening scary maze is for 8 and up (under 12 have to go with an adult). Be aware, according to reviews, it's so scary that some people can't even finish it. The ones who do, usually finish within 20 minutes. Is that because they're running for the exits? Try it yourself to find out.

The details: F&W Schmitt's Family Farm is located at 26 Pinelawn Road in Melville, NY. It's open weekends from 10 am to 5 pm. The fee is \$13 for adults for the corn maze and \$7 for kids. Also, tickets are \$23 for the haunted house and \$34 if you want to buy a combo ticket that will get you into both the haunted maze and house. Call 631-271-327 for more information.

If wandering among the corn stalks doesn't appeal, all of these locations have plenty of other attractions as well, including pumpkin picking and seasonal foods.

The "No Impact Man" Reminds Students How to Leave a Positive Effect on the Environment

BY OMAR HAMEED



Colin Beavan delivered a talk at Adelphi about his 2009 autobiography and 2017 AU Community Reads selection "No Impact Man" on Monday, Oct. 16.

Beavan is a graduate of the University of Liverpool and has travelled from California to the Czech Republic to give talks on environmental issues. After being inspired to think more about his usage of air-conditioning, he recorded the attempts of his family to live a "zero impact" lifestyle in New York City for one year. A decade after its publication, the book has become required reading across hundreds of college campuses.

So what exactly does "zero impact" mean here? No plastic and toxins, no electricity, no carbon-based transportation and only locally grown or organic foods—all in the city that never sleeps; making this a very difficult commitment. The book aims to raise consciousness of environmental sustainability with a touch of humor and familial context. Beavan's ultimate conclusion is that the no-impact way of living is the better, more satisfying choice.

The lecture began by focusing the audience's attention on the components of living and some basic moral values of

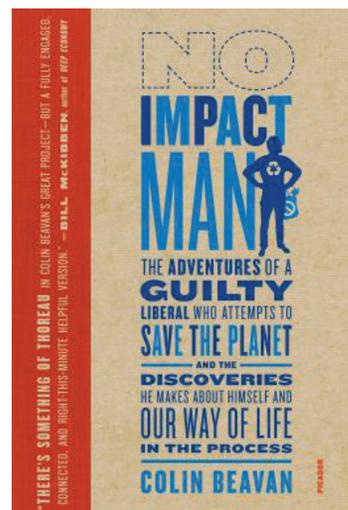
most human beings: fresh air to breathe, clean water, good nutritional food, loving our families and wanting the best for our neighbors. Beavan then elaborated on his "zero impact" experience and discussed his viewpoints on contemporary aspects of human lifestyle, such as shopping and education. The main takeaway from this part of the talk was that people must explore how they cannot only benefit themselves, but also those around them – a balancing-act that is the CenterPoint of his 2016 novel "How to Be Alive." In other words, it is to ask the question: What are ways of living where we are happier, but simultaneously have a positive impact on the world?

A recurring theme of the lecture was the impact an individual can have on society versus the impact the collective can have. Beavan stated that he prefers not to differentiate between the individual and the collective since they are actually linked. The reason for this is that an individual has the power to cause a change in culture, and culture itself is a system. As one individual impacts another and the cycle continues, local culture itself will change dramatically. In addition, upon being asked what practical things young individuals can do to support themselves and follow their passions, Beavan responded with three pieces of advice: Don't fall into debt; live way below your means; and find a community of people who share your values.

For the most part, Beavan's lecture was well-received. However, a few attendees did walk away with some criticisms. Daniel McElroy, a senior Honors College student, had the chance to attend a follow-up panel on the lecture hosted by Peter West, dean of the College of Arts and Sciences.

"Beavan focused more on the

steps that an individual can take to lessen the effects of climate change, rather than speaking about steps that can be taken collectively by larger communities, which might have a greater impact in the long run," McElroy said.



Additionally, McElroy noted that Beavan's "no impact" diet of locally-sourced foods requires financial privileges that the average person does not have.

Nonetheless, Beavan's No Impact Man and the lecture is a reminder about making the environment a priority and how we can channel that priority in a way that is both personally and societally beneficial. It is a reminder to ask oneself: "What impact do I want to make on the world?" Hopefully, this will be a catalyst to search for what society and the individual consider important amongst the irrelevant noise around us. As Beavan put it, "To live sustainably in a smart society should be as easy as falling off a log" and it is our duty to understand why the "zero impact" lifestyle is not as manageable as it should be.

What's on Your Phone?

BY DANIELLE MCDOUGALL

The "What's on Your Phone" series allows students and faculty to share their favorite and most useful apps that they cannot live without. Share your favorite apps with us at delphian@adelphi.edu.

Phone Owner:

Sara Cheris; sophomore environmental studies major

1. Duolingo. Don't have the time or money to take language classes at Adelphi? Duolingo is a free app that promotes the learning of languages. You can set goals each day for how much you want to practice.

2. Timehop. This app can connect with many of your social media apps, along with your photos, to tell you what you were doing on this day last year, two years ago, five years ago, etc. Those cringey middle school photos may appear, but take comfort in the fact that that phase of life has passed.

3. NASA. I am absolutely obsessed with astronomy, space travel, and anything that is happening not on this planet. Staying knowledgeable about how we are going to Mars, how real climate change and its effects are, and the newest earth-like planets allows for us to see beyond our one place in the universe.

Trump vs. The Republican Party: The Implications for the Future

BY SAMUEL AJWOLE

What is to be said of the President's recent confrontations with the members of his own party? Intra-party conflict isn't a particularly novel occurrence, and Trump certainly wouldn't be the first to experience friction within his own camp. In fact, this particular type of struggle has been a part of American political history since the very beginning. A key example is the way all presidential candidates are made to run against others from their respective political parties before they advance to the final election, a process that mandates division within a party - though this rift can usually be mended. There are times when intra-party disputes have been productive and have helped refocus a party's agenda. Such developments allow a party to better represent the spectrum of its members. However, there is a spirit to this president's discord with the major figures in his party that characterizes it as corrosive rather than constructive.

An ideological clash can be reconciled and result in each side having a better understanding of the other. An attack against another person's character is solely meant to injure and is therefore counter-productive as it prevents real issues from

being addressed and is much more difficult to reconcile. Trump has been involved in the latter, and it is showing in his party's increasing inefficiency. Just the other day, the Trump and Senator Mitch McConnell held a press conference to simply prove that they are capable of working together instead of using the opportunity to acknowledge the specific breaks in their ideologies and how they will be addressed moving forward.

The Republican Party itself is not falling apart at the seams, but Trump's image as a "no more BS" politician is. This process began with the GOP's failure to efficiently respond to the Affordable Care Act due to the President's hastiness and is now being highlighted by his spat with Senator Bob Corker, which flared up again as of this writing. Part of the platform Trump campaigned on was that he was a political outsider who would mobilize Washington and get things done. How can this be true when his party currently holds a majority in



Congress, but so far has little to show for it? It seems that the root of Trump's issues with senators McConnell and Corker and Secretary Rex Tillerson (to name only a few) is that

he does not understand the unspoken responsibility he bears as President of the United States. The greatest demonstration of this is his lack of discretion regarding almost any subject, like his tactless tweets concerning the possibility of diplomacy with North Korea. Even if it is the case that the tweets do not directly undermine the position of the United States in negotiations, it is certainly true that it promotes the appearance of discord within the U.S. government to a wide audience. Now conversation is centered on what the Secretary of State may or may not think about the President's intelligence instead of on how the United States will resolve its growing tension with North Korea.

Some of the people who previously bet on Trump are now seeing their

gamble go to waste. Senator Corker is the unofficial representative of this movement, a former advocate of Trump's, but now one of his most public critics. Corker is not

“An ideological clash can be reconciled and result in each side having a better understanding of the other.”

completely against the President's policies, as he supports Trump's suspicion of Iran, but he has no more patience for Trump's distasteful approach. If this pattern of working against oneself continues with the President and the GOP, Trump will find himself becoming the very thing he sought to oppose - another BS politician.

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Harvey Weinstein and the Paradox of Reactions to Sexual Assault Accusations

BY MATTHEW SCHROH

A little over 12 years ago, a new film studio was founded by brothers Bob and Harvey Weinstein, who previously started Miramax Studios after 25 years of executive work.



Fast forward to present day - Harvey Weinstein has been bashed and called out by dozens upon dozens of women that he had worked with in his career spanning several decades.

Celebrities from major to minor - directors, writers, models and employees of the Weinstein Company - announced al-

legations ranging from slight sexual misconduct to flat-out rape. Harvey Weinstein was almost immediately expelled from his position at his company once the allegations began flooding in, and criticism rang out from all across Hollywood, including from his brother Bob, who begged for his brother to receive mental help. The disgust even reached Washington, Harvey Weinstein being a major Democratic donor. Many senators and representatives felt the need to not only denounce the film executive, but also return his campaign donations. The media impatiently called on Weinstein's high-profile government friends, the Obamas and Hillary Clinton, to offer their own denunciations.

After this horrible incident, it is highly unlikely that Harvey Weinstein will be able to find himself a successful career ever again. He has been properly ripped apart by the media, his peers and his victims in what has been one of the most thorough and serious cases of celebrity rape allegations in history.

However, it is important to remember a few things. Hollywood is not new to allegations of sexual misconduct. Bill Murray was accused of domestic abuse, John Travolta of flashing a masseuse, and Casey Affleck of sexual assault, to name a few. Admittedly, their allegations came from far fewer women than Harvey Weinstein, but why are the

charges brought against these people not as seriously investigated as those brought against Harvey Weinstein? There are even some people who still defend, or at least look away from, Bill Cosby and the case surrounding him. What makes these cases different from what happened to Harvey Weinstein?

It is easy to see that Hollywood is far too often held to a different standard than the rest of the country. The reason that sexual allegations are not taken as seriously by the public or reported as thoroughly by the media, if there is not enough evidence or claims, is for the simple reason that people like their stars. People who grew up with Bill Murray find entertaining the notion that he hit and belittled his wife as though they were finding out that a dear friend was accused of the same: hard to stomach and so easy to ignore, regardless of whether or not it is true. Film fans who loved "Manchester by the Sea" were happy to see Casey Affleck win the coveted "Best Actor" Oscar, turning their backs on the two women who accused him of sexual assault only a few short years ago. And though the charges against Bill Cosby have been treated far more seriously, due to much greater evidence and a higher number of accusers, it is still very easy for the news to talk about the latest celebrity breakup and for people to cover their ears and block out the Cos-

by case from their minds.

What made it so much easier for the American public to condemn Harvey Weinstein was that they had no personal connections to him. To many, he was nothing but a faceless executive sitting in an office somewhere. If, say, Chris Pratt, a popular and beloved movie star, had dozens of women accuse him of sexual assault, the media might have handled their coverage differently. Numbers seem to make a difference as well (the celebrities I brought up earlier were accused by one to two women), but the facts stand that there is a clear difference between how the public and the news has handled the situation surrounding Cosby, whose allegations rose to prominence in 2014 and yet still drag on, and Harvey Weinstein, who was ousted from his own company less than a week after the dozens of accusations against him went public. Both men have been accused by more than 40 women.

Donald Trump, a lifelong celebrity, has also had quite a few sexual assault allegations brought against him. He seemed to almost imply that he had done so in a leaked "Access Hollywood" tape from a little over a decade ago, in which he offered the chilling words that perhaps encompass the entirety of this argument - "when you're a star, they let you do it. You can do anything."

Has Entertainment Made Us Indecisive About Stopping Mass Shootings?

BY VICTORIA GRINTHAL

During a Jason Aldean concert on the Las Vegas strip on Oct. 1, a gunman on the 32nd floor of the Mandalay Bay hotel across the street opened fire for 10 minutes straight. Within that time, 58 people died and more than 500 were injured. It is hard to believe, but this is sadly the reality that America keeps finding in front of them. Though this is not an issue for this country alone, our way of handling it seems to be lacking and costly. I can always complain about gun laws and wish for things to improve, but somehow my mind seems to push deeper into the factors of committing an atrocity such as this.

I definitely think we need to take a look at our society and its values before we point fingers at any one specific person or ideal. When guns and violence are glorified in the media (like in movies, videogames and TV series based on kick-ass renegades who shoot to kill for whatever they are trying to achieve), we can't just wonder where these ideas come from. They aren't bad in moderation, like most things, and can add thrill to certain adventures, but as

saturated as this fiction is in our lives, it almost seems natural to us now. They aren't the only factors inspiring such ideas. Real experience with guns and violence in your environment can greatly impact how you view such instances. Anyone who has been around guns from a young age or was affected by an act of the sort will see guns differently than if they just saw it used on TV. Still, entertainment-based violence is what many people are exposed to without even realizing it.

For example, people question the origin of such terrible actions, but don't bat an eye when someone plays *Mortal Kombat* and brutally (and creatively) murders their opponent. The same thing happens when one watches a TV show like "American Horror Story," which just had a large shooting scene in one of its most recent episodes, or the "Daredevil" series on Netflix, which is known for its bloody scenes. The last thing we want is to make such violence commonplace, but when James Bond shoots every opponent without remorse, no one says that is inappropriate or too violent. Just because it's obviously not real, everyone sees it as a cool, enter-

taining character doing what he does best. Meanwhile, people with guns in real life are caught between a heinous murderer and one protecting himself. Then, when a tragedy like Las Vegas happens, it's a totally out-of-the-box occurrence that no one sees as anything but a tragedy. No one tries to look into our society and find out why this kind of instance has been more and more common these days.

Of course, not everything will change if one kid is blocked from a violent video game. Only few people actually decide to commit these kinds of attacks, as tragic as they are. However, the issue raised seems to persist that people, for whatever reason, don't view guns and violence as the true danger they can be. The lack of gun restrictions and limited knowledge about guns results in a general divide of opinions. This makes our view of mass shootings very indecisive as they are seen as tragic, but no actions are taken against loose gun laws because it may violate our Second Amendment. Something here needs to change – through entertainment, politics or otherwise – to make people know what is fact, fiction and fatal.

Eminem Disses Trump at BET Awards But President Has Been Unusually Silent

BY JESS WINANS

Just the other day my aunt Susan asked me what happened to Eminem and if college kids were still into him. Little did she know that he was busy preparing a freestyle for the BET awards.

"It's the calm before the storm right here/ Wait, how was I gonna start this off?/ I forgot... oh, yeah/ That's an awfully hot coffee pot /Should I drop it on Donald Trump? Probably not/" the rap sensation expressed in the video, which aired at the annual BET Hip Hop Awards show on Tuesday, Oct. 10.

The unprecedented 2016 presidential election results, which placed business mogul and reality television star Donald Trump in the oval office, left some Americans and others questioning our current government structure as provided to us by our constitution, as well as other political topics, such as gerrymandering, the electoral college and more recently Russian interference and fake news.

While result-related disputes are always a given with a presidential election, or any election, this year provided a lower approval rating than usual for a sitting president. According to FiveThirtyEight, President Trump currently has an approval rating of 37.5 percent.

Those who disapprove of the President include pop culture icons like Chrissy Teigen, infamously known for being blocked by President Trump on Twit-

ter, Colin Kaepernick of the San Francisco 49ers who originally took the knee back in August of last year, and now Eminem with this rap.

"Cause what we got in office now's a kamikaze/ That'll probably cause a nuclear holocaust/And while the drama pops/ And he waits for s**t to quiet down, he'll just gas his plane up and fly around 'til the/ bombing stops," he continued, referencing fears of heightened nuclear tensions between the United States and North Korea as they focus on achieving intercontinental nuclear capabilities.

While the United States has threatened North Korean leader Kim Jong-un before and vice-versa, the language used has differed, and the method of communication has never before been social media outlets such as Twitter.

Eminem continued his freestyle by suggesting President Trump prefers a polarized American society so that they cannot unite against him when he said, "That's why he wants us to disband/'Cause he cannot withstand, The fact we're not afraid of Trump," made fun of his "drain the swamp" slogan, and ended with a message to his fans.

"And any fan of mine who's a supporter of his/I'm drawing in the sand a line: you're either for or against/And if you can't decide who you like more and you're split/On who you should stand beside, I'll do it for you with this:/F**k you!"

In response to Eminem's freestyle, some Trump supporters have taken



to Twitter and other social media outlets to voice their disdain of his hatred towards their president.

"I used to like Eminem's music but if you have to trash the President to stay relevant, I'm Done!," tweeted one fan under the handle @CKcGrandmac. "BYE FELICIA BYE!"

Another Trump supporter, @NegativeNease responded with "I was a fan of Eminem. He drew a line in the sand. I'm out. #MAGA."

President Trump still hasn't responded to Eminem's BET freestyle, which leads me wondering, how can he respond to Eminem when there is crossover between his supporters and Eminem fans? Perhaps President Trump is reluctant to comment for fear of upsetting his own fan base or Eminem's fan base. Either way, we can be left wondering if in this day and age, a presidential freestyle rap could be expected.

I Am an Adelphi Student and a DACA Recipient. Here's What That Means

(continued from page 1)

tunity to work legally. I took advantage of this opportunity and worked three jobs to help my parents pay for tuition. I was very blessed to receive two scholarships from Adelphi University, but the remaining balance was still sustainably high for an undocumented middle class family.

Having the DACA status has given me the opportunity to pursue my goals to the fullest extent. I received my bachelor's degree in exercise science in 2016, and I am now pursuing my master's degree in exercise physiology, expecting to graduate next year. The DACA status has motivated me to speak up and become a more vocal activist for not just the undocumented, but also other groups that are continually being targeted by the U.S. government. If Trump's administration succeeds, and Congress does not intervene with their decision to scrap the DACA program, I fear that my hard work and that of my family will not necessarily go to waste, but will not allow us to reach our full potential. I am afraid we will be sent back to our country of origin. I am afraid that I will not be able to finish my education, and I am afraid that I will never be able to see the people that I have come to know in the U.S. and love so dearly.

It is simply a shame; we live in a world where the efforts of good, caring citizens go hidden in comparison to what is done by those who have power. DACA students are human beings. We are normal people with goals, dreams and ambitions. We work hard for everything and do not take anything for granted, but we are now being targeted because of our status. It is fair to say that the announcement made by Trump's administration seeks to make those affected by his decision feel powerless.

Throughout history, people have felt powerless before authority, but those same powerless people found the fire needed to create a change by organizing, risking, persisting and speaking their minds in front of those who have power. We have seen quite large demonstrations of powerless DACA students come forth and protest their rights. I, being one of them, believe that our voices will be heard – maybe not immediately, but definitely.

If you are reading this, know that those who have power and seem invulnerable are, in fact, quite vulnerable. Their power depends on the obedience of others. Those others are "us."

Final Ride: Meet Senior Men's Soccer Midfielder Freddy De Oliveira

BY BETH ANN PIERCE

In this series, we'll be interviewing seniors playing in their final year of eligibility in their respective sports. These Q & A's will be a chance for athletes to say goodbye and to reflect on both their athletic careers and the sport to which they have dedicated much time and effort.

Ranked 14, the Adelphi men's soccer team has had a near-perfect season with a record of 11-1-2, losing only to Merrimack in a National Top 20 match. Coming off an NE-10 title from last season, a key player on this championship team is senior midfielder Freddy De Oliveira.

In the four years he has been in Garden City, De Oliveira has earned numerous accolades, including being named to the NSCAA DII All-American First Team and NE10 Player of the Year this past season, as well as being an honor roll student. He also has had the opportunity to advance his game internationally, playing in Portugal, Brazil and Italy.

Here De Oliveira looks back as he takes his final ride with the Adelphi men's soccer.

Q: How many years have you been playing soccer?

A: I've been playing since I was six years old. My first team was in Portugal, where I lived almost my whole life.

Q: What is your major? Do you have any plans post-graduation?



Senior Freddy De Oliveira looking to pass the ball to one of his teammates.

A: I am a biology major, and I want to do dentistry if my soccer career ends. My plan after I graduate is to apply to graduate school either in America or Europe.

Q: What is a normal day like as an Adelphi men's soccer player?

A: A normal day as a soccer player here at Adelphi is similar to the pros. We wake up early around 8 or 9 am, get breakfast and then go to practice around 11:30 am to start at 12 pm, where we practice for two hours every day. The hardest part for me is when you have class right after practice. You have to shower quickly and go straight to class. It's not easy being a student athlete.

Q: What does soccer mean to you? Why?

A: Soccer for me means everything; I live for it. As soccer players, we sacrifice everything we have just to go play. For example, for international students, we have to leave our families behind and try to visit them during the major holidays. We play all year around, only stopping in December. Besides that, we play during the fall and spring, and many of us play during the summer so we can be ready for preseason in August.

Q: How have you been molded as a person by this sport?

A: This sport has made me as a person. I have learned so many things from soccer, and I have met so many people. Off the field, I'm a calm person, but once I get between those four lines, I'm a bull.

Q: In the many years that you have been playing, what have you learned? About yourself? About others?

A: From all the years I have been playing, I've learned that we can't take days off. Sometimes I go to practice and feel lazy or tired, but at the end of the day, when game day comes, I know that in order to help the team, I have to give 110 percent.

Q: How are you going to take these lessons and apply them once you've graduated?

A: I have zero idea where I will be in one year. I could be playing soccer at another level or going to school for dentistry. I am very excited to see what's on the other page of the book, but hard work and giving 110 percent will be important

either way.

Q: How are you preparing for life after collegiate athletics? What are you going to do with all of that time that you have?

A: Honestly, I don't think I will have a lot of free time. No matter what profession I go into, I would have to do a lot of work – either to be a better soccer player or a better dentist.

Q: What is one piece of advice that you would give athletes entering collegiate athletics in your sport and, specifically, at Adelphi?

A: One piece of advice that I would give to any future men's soccer player is that they have to stick with the program, listen to the coaching staff and just come with a great mentality to win titles because the program is growing faster and faster.

Q: What is one thing you're going to miss about being a college athlete at Adelphi?

A: One thing that I will miss is being around my teammates in the dorms, going out with them all the time and having a group of close friends all focused on soccer.

Q: What is one thing that you will never forget about playing for Adelphi?

A: I will never forget when we won the first NE10 Conference title in program history and made it to the Elite 8 of the NCAA National Tournament. Hopefully this year we'll go all the way.

Midnight Madness Kicks Off AU Hoops Season

BY OLIVIA FRANKS

The Center for Recreation and Sports was packed with the Adelphi community late on Friday night, Oct. 20, for Midnight Madness. All were there to support the basketball teams on their upcoming season. There were representatives from all of the Greek organizations and sports teams, and even President Christine Riordan brought her bulldog Georgia to the event.

"Midnight Madness was a great way for the community to come together and celebrate the opening of the basketball season," said sophomore Gabriella Grzegorski, who attended with her sorority Delta Gamma.

Midnight Madness is an annual "pep rally" that introduces Adelphi men's and women's basketball teams.

When the lights in the CRS dimmed, host Daze Lizardo began announcing the basketball players by name, year, height and hometown.

"I thought the experience was phenomenal," said junior walk-on guard from the men's team, Jermaine Howerton. "Having the opportunity to celebrate the upcoming season with your teammates and fellow Panther family is second to none."

As the players were welcomed to center court, they waved, threw T-shirts to their peers and were welcomed into the new season by the Adelphi community.

Lizardo got the audience onto the basketball court to compete for prizes. An iPad was awarded to the winner of musical chairs. Other games involved shooting free throws, half-court shots and a few rounds of three-point shot contests against the players.

There were performances by the cheer team, the dance team, AU Evolution, AU Sapna and AU Bhangra.

"It was an exhilarating experience performing in front of my friends and peers," said sophomore cheerleader Ledean Daley.

Last year, women's basketball ended with an impressive record of 27-5 and earned the title of Northeast 10 Champions. They reached the second round of NCAA Division II East Regionals and lost 59-58 in a very close game against Mollo College. The team has welcomed seven freshmen and sophomores to their squad for this upcoming season.



Sophomore Fallyn Stephans was called to participate in a three-point contest against a men's basketball player.



Junior Jack Laffey running out towards center court, ready to throw a t-shirt.

Women's basketball starts their season Saturday, Nov. 11 with a game against LIU Post held at NYIT in Old Westbury, NY.

Men's basketball finished last season with a record of 18-12 and reached the second round of the Northeast-10 Championship, finishing their season with a 97-95 loss to Southern New Hampshire University. With many returning players and several new players, the team is looking forward to getting back to the grind.

Men's basketball also begins on Saturday, Nov. 11 with a game against Post University in Bridgeport, CT.

Photos on this page provided by Adelphi Athletics

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